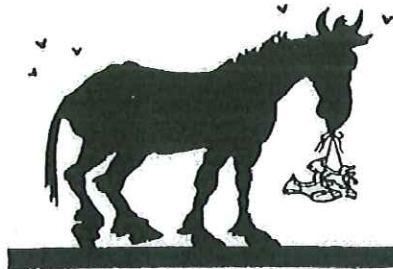




THE 29th ANNUAL RED MULE RUNNERS



Sat. August 28, 2010
Starting Time: 8:00 AM



McKethan Lake
Brooksville, Florida

Labor Day McKethan Lake 5K

RACE SITE

McKethan Lake is located approximately 7 miles north of downtown Brooksville on U.S. 41. It is a beautiful State Park consisting of a flat, paved 5000 meter course with large oak trees providing maximum shade.

REGISTRATION

Race day registration will begin at 6:30 AM. 5K pre-registration entry fee is \$20 and \$25 on race day. Multi-colored T-shirts will be guaranteed to all pre-registered runners. You may also register on-line at www.active.com.

AWARDS

Custom cast medals awarded 3 deep in each age division, and 5 deep in ages 14 - 19. Plaques presented to the overall male and female champions, and masters male and female champions.

AGE DIVISIONS

MEN & WOMEN

0-10	30-34	60-64
11-13	35-39	65-69
14-16	40-44	70-74
17-19	45-49	75+
20-24	50-54	
25-29	55-59	

SPONSORS

Murphy's Market
Spring Lake Water
Hernando Litho Printing, Inc.
Cliff's Septic Tank Service

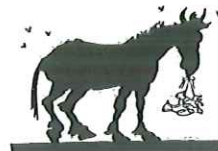
REFRESHMENTS & FRESH FRUIT Provided by Murphy's Market.

Last Name _____ First _____

Address _____

City _____ State _____ Zip _____

Age Race Day _____ Gender _____ Telephone _____



Race Information
Call: 352-688-6484 or
727-271-1849

I consider myself adequately trained for a 5,000 meter run. I for myself, my heirs, devisees, executors, administrators and assigns hereby waive, release and discharge any and all claims against The Red Mule Runners, all sponsors, promoters, and anyone or any entity involved in this race from any liability or illness suffered by me or my dependent(s) in connection with the event. If I or/and my dependent(s) should suffer any injury or illness as a result of the race, I authorize the officials of the race to have me and/or my dependent(s) transported to a medical facility and I take full responsibility for this action. I will additionally permit the free use of my and/or my dependent(s) name and pictures for future race promotions.

Signature _____

Signature of Parent or Guardian if under 18 years of age

Shirt Size
SM M LG XL

I am unable to participate; however, please accept the enclosed tax deductible contribution of \$ _____

Mail applications to: Red Mule Runners, P.O. Box 1724, Brooksville, FL 34605