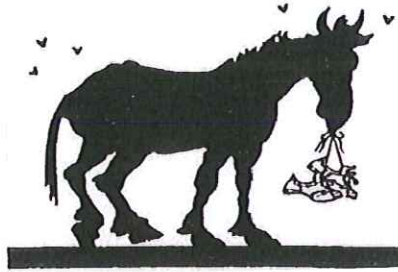




THE 28th ANNUAL RED MULE RUNNERS



Sat. August 29, 2009
Starting Time: 8:00 AM



McKethan Lake
Brooksville, Florida

Labor Day McKethan Lake 5K

RACE SITE

McKethan Lake is located approximately 7 miles north of downtown Brooksville on U.S. 41. It is a beautiful State Park consisting of a flat, paved 5000 meter course with large oak trees providing maximum shade.

REGISTRATION

Race day registration will begin at 6:30 AM. 5K pre-registration entry fee is \$20 and \$25 on race day. Multi-colored T-shirts will be guaranteed to all pre-registered runners. You may also register on-line at www.active.com.

AWARDS

Custom cast medals awarded 3 deep in each age division, and 5 deep in ages 14 - 19. Plaques presented to the overall male and female champions, and masters male and female champions.

AGE DIVISIONS

MEN		WOMEN	
0-13	40-44	0-13	40-44
14-16	45-49	14-16	45-49
17-19	50-54	17-19	50-54
20-24	55-59	20-24	55-59
25-29	60-64	25-29	60-64
30-34	65-69	30-34	65-69
35-39	70+	35-39	70+

SPONSORS

Murphy's Market
Spring Lake Water
Hernando Litho Printing, Inc.
Cliff's Septic Tank Service

REFRESHMENTS & FRESH FRUIT Provided
by Murphy's Market.



**RED MULE RUNNERS
CLUB MEMBER**

Check

Official Entry Form

Make Check or Money Order payable to Red Mule Runners

Last Name _____ First Name _____ Age _____ Sex _____

Address _____ City _____ State _____ Zip Code _____

T-Shirt (please circle) Adult: XL L M S Telephone _____

Clip and Mail to:
Red Mule Runners
P.O. Box 1724
Brooksville, FL
34605-1724

For Race Information
Call 352-796-2132
or
352-688-6484

In consideration of your acceptance of this entry, I for myself, my heirs, devisees, executors, administrators and assigns hereby waive, release and discharge any and all claims against The Red Mule Runners, and any other organizations sponsoring or conducting this event, or their employees, representatives, or successors, for any and all damages or injuries I may suffer. I hereby grant permission for the free use of my name and picture in any broadcast, brochure or account of this event.

Signature (Parent if under 18)